

ST. ANDREW'S EPISCOPAL CHURCH

Fifth Sunday after the Epiphany

February 4, 2024

We are livestreaming the 10am service.

Prelude *Herr Gott, nun schleuss den Himmel auf,*
Lord God now unlock your heaven

J.S. Bach (1685-1750)

Processional Hymn 423 "Immortal, invisible, God only wise"

St. Denio

The Word of God

Opening Acclamation

Book of Common Prayer p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and forever. *Amen.*

Collect for Purity

BCP p. 355

S 236 Benedictus es, Domine (front section of hymnal)

John Rutter (b. 1945)

Glory to you, Lord God of our fathers; you are worthy of praise; glory to you.

Glory to you for the radiance of your holy Name;

we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; on the throne of your majesty, glory to you.

Glory to you seated between the Cherubim; we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; In the high vault of heaven, glory to you.

Glory to you, Father, Son, and Holy Spirit; we will praise you and highly exalt you for ever.

Glory to you!

Collect of the Day

Celebrant Together we pray.

People Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our

Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

First Lesson: Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and

numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 147:1-12

David Hurd (after Gibbons)

The congregation is encouraged to sing the psalm.



1 Hallelujah!

How good it is to sing ^{praises} to our ^{God!} *

how pleasant it is to ^{honor} him with ^{praise!}

2 The LORD re^{builds} Je^{rusalem}; *

he ^{gathers} the ^{exiles} of ^{Israel.}

- 3 He heals the ¹broken¹hearted *
and ¹binds¹ up their ¹wounds.
- 4 He counts the ¹number of the ¹stars *
and ¹calls them ¹all by their ¹names.
- 5 Great is our LORD and ¹mighty in ¹power; *
there is no ¹limit to his ¹wisdom.
- 6 The LORD lifts ¹up the ¹lowly, *
but casts the ¹wicked to the ¹ground.
- 7 Sing to the ¹LORD with ¹thanksgiving; *
make music to our ¹God up ¹on the ¹harp.
- 8 He covers the ¹heavens with ¹clouds *
and pre¹pare¹s ¹rain for the ¹earth;
- 9 He makes grass to ¹grow upon the ¹mountains *
and green ¹plants to ¹serve man ¹kind.
- 10 He provides food for ¹flocks and ¹herds *
and for the young ¹ravens ¹when they ¹cry.
- 11 He is not impressed by the ¹might of a ¹horse; *
he has no ¹pleasure in the ¹strength of a ¹man;
- 12 But the LORD has pleasure in ¹those who ¹fear him, *
in those who a¹wait his ¹gracious ¹favor.

Halle¹lujah!

Second Lesson: 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law.

To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save

some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People Thanks be to God.

Gradual Hymn 679 "Surely it is God who saves me"

Thomas Merton

Gospel: Mark 1:29-39

Clergy The Holy Gospel of our Lord Jesus Christ, according to Mark.

People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not

permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Clergy The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

Rev. Margaret Schwarzer

Nicene Creed

BCP p. 358

Prayers of the People

After each bidding the Reader says, Lord, in your mercy.

The People reply, Hear our prayer.

Confession of Sin

BCP p. 360

Peace

Announcements

The Holy Communion

Presentation of Bread and Wine

Offertory “Laudate Dominum” from *Vesperae solennes de confessore*

W.A. Mozart (1756-1791)

*Praise the Lord, all nations; praise Him, all people.
For He has bestowed His mercy upon us,
And the truth of the Lord endures forever.
Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and forever,
and for generations of generations. Amen.*

Doxology Hymn 380 “Praise God from whom all blessings flow”

Old 100th

*Praise God, from whom all blessings flow; praise him, all creatures here below;
Praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.*

Eucharistic Prayer B

BCP p. 367

S130 Sanctus (front section of hymnal)

Franz Peter Schubert (1797-1828)

Breaking of the Bread

Celebrant Alleluia! Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia!

S164 Fraction Anthem (front section of hymnal)

Franz Peter Schubert

*All are welcome to receive communion. Ushers will direct the congregation.
Gluten free wafers are available.*

Communion Anthem “O rest in the Lord” from *Elijah* Felix Mendelssohn (1809-1947)

*O rest in the Lord, wait patiently for Him,
And He shall give thee thy hearts desires.
Commit thy way to Him, and trust in Him,
And fret not thyself because of evil doers.
O rest in the Lord, and wait, wait patiently for Him.*

Communion Hymn 711 “Seek ye first the kingdom of God”

Seek Ye First

Thanksgiving after Communion

BCP p. 365

Blessing

Recessional Hymn 493 “O for a thousand tongues to sing”

Azmon

Dismissal

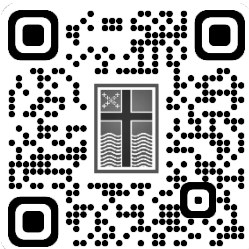
Clergy Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude *Wer nur den lieben Gott last walten*
Whoever lets our dear Lord rule

J.S. Bach

**Join us for coffee hour after the service,
hosted today by Karen & Tom Melican.**



If this is your first time at St. Andrew's, Welcome!

We are happy you found us. Please use this QR code to fill out a *seeker information form* or check with a member of our membership committee in the narthex so that our clergy and members of our congregation can welcome you and help you get engaged with our church.



**Altar flowers are given to the glory of God and in loving memory of
Norman Dorian.**

Serving St. Andrew's this week

Altar Guild Laura Brown MacKinnon, Elizabeth Clarke, Nancy Echlov,
Wendy Haering, Angie Johnson, Ntonhle Kekana, Jen Martin, and Heather Schaefer
Altar Flowers the Flower Guild

Serving at 8am

Lay Eucharistic Minister Wendy Haering
Ushers Jane Givens and Mark Housel

Serving at 10am

Acolytes Crucifer, Eloise Svedlund; Torch, Dininar Alpers;
Torch, Tawanda Masiwa; and Banner, Sino Masiwa
Broadcast Tech Volunteer Rob Brandt
Lay Eucharistic Ministers Sarah Dent, David Hamlin,
Joanna Horobin, and Sam Schaefer
Readers Nora Tracy Phillips and Jen Martin
Ushers Terri Rawson-Wakefield, Kris Vanin, Michael Vanin, and Michael Wakefield

Intercessions from the Diocesan Cycle of Prayer

Churches of the Boston Harbor Deanery
St. John's Church, Jamaica Plain
Northeastern University Lutheran Episcopal Campus Ministry
St. Cyprian's Church, Roxbury
St. John & St. James Church, Roxbury
Building Bridges Ministries



About the Readings

Isaiah 40:21-31 This passage is part of Isaiah's invitation to the almost-to-be-released exiled community to reflect on the God they believe in. During their exile, their fear intensified because they thought God had abandoned them. Was God powerful enough to save them again? Isaiah comforts them with this mocking contrast between the power of God and the weakness of false gods. The outstanding characteristic of a god is power, and their God—in case they don't remember—is the ruler over all creation and all earthly rulers.

Psalms 147:1-12,21c Psalm 147 is divided into three stanzas: vv. 1-6, 7-11 and 12-20, each beginning with a call to worship and continuing with motives for praise. The themes of God's sovereignty over the natural order and over human society are mingled throughout the psalm.

1 Corinthians 9:16-23 In chapter 9, Paul defends his status as an apostle. His authority had apparently been questioned because he had waived two apostolic rights: being married and receiving support for preaching. Opponents may have used Paul's restraint as evidence of his unworthiness. Paul retorts that he did not choose preaching as a career for the purpose of earning a living. Instead, like the prophets, he received a commission

from God and so has no choice but to preach. The absolute claim of the gospel makes relative all cultural, ethnic, national or legal values. The freedom that his decision gives him puts him in a position of servitude under "Christ's law"—the obligation of love. Paul's flexibility is neither cowardice nor compromise; rather, his freedom allows him to speak to and from the experience of others. Paul's freedom is for service, and his ministry is its own reward.

Mark 1:29-39 Today's reading continues the account of a day in Jesus' ministry. The healing of Peter's mother-in-law is presented without direct interpretation or theological comment. Then at sundown, when the sabbath was over, people are brought to Jesus for healing and the casting out of spirits. Silencing the spirits (v. 34) was apparently part of the common technique of exorcism. But Mark implies that Jesus does not wish his identity made known by evil spirits who have no credibility as witnesses. The following morning Jesus withdraws from Capernaum and from his disciples. He seeks communion with God and perhaps also wishes to avoid the superficial popularity indicated by the report that "everyone is searching for you" (v. 37). Jesus responds by going

to the next towns, for that is why he came from Capernaum. Jesus acts as the envoy of God. His mission of “preaching”

includes the whole of his ministry: teaching, healing, casting out spirits and finally his death and resurrection.



Icon of the Week

St. Brigid of Ireland

450–523

Next to Patrick, Brigid is the most beloved of Irish saints. Born at Fauchart about the middle of the fifth century, she may have met Patrick as a young girl. She was reared in a Druid household but nevertheless, decided early on to dedicate her life to God alone as a Christian. She received a nun's veil from Bishop Macaile of Westmeath. Gathering around her a group of women, Brigid, in 470, founded a female monastery at Kildare, a place whose name meant "Church of the Oak." Here had flourished the cult of a pagan goddess who received the sacred fire, which Brigid and her successors have maintained to the current day.

To secure the sacraments, Brigid persuaded the anchorite Conlaed to receive episcopal ordination and to bring his community of monks to Kildare, thus establishing the only known Irish double monastery of men and women.

Brigid actively participated in policymaking decisions at church conventions. Many stories are told of Brigid's concern for the poor and needy. When a leper woman asked for milk, she was also healed of her infirmity. Two blind men were given their sight. Best known is the tale that tells of Brigid's taming of a wolf at the request of a local chieftain whose pet dog had been killed accidentally.

She is traditionally associated with the Cross of St. Brigid, a form of the cross made from reeds or straw that is placed in homes for blessing and protection. Her remains are said to have been reinterred, at the time of the Danish invasions of the ninth century, with those of Patrick, at Downpatrick.

Her feast day is February 1.

Shine your light where there is darkness, strengthen me in any weakness. Heal all within that may be ill, give me the desire each day to do God's will. —St. Brigid's prayer



Notices and Announcements

Note: all staff email addresses are on the second to last page. Deadline for materials is noon on Tuesdays for both the bulletin and the e-Pistle.

Church School

- **Godly Play I**—pre-k to first grade meet in the children’s chapel which is adjacent to the church sanctuary.
- **Godly Play II**—grades two and three meet in Room 201 (formerly known as the Rite-13 room).
- **Upper School/Way of Love**—grades four and five meet in room 204.
- **Rite-13**—grades six and seven meet in room 202.

9am Christian Learning

Join us **today, February 4**, at **9am in the parish hall** as we learn about *Bishop Barbara Harris: First Female Bishop in Our Anglican Communion*. Join us next **Sunday, February 11**, for *The History of Ash Wednesday*. Everyone is welcome; come to every class or just ones that interest you. There is childcare at 8:55am in Kids’ Place so parents can join (or sing in the senior choir). Classes are hybrid and the Zoom link is in the e-Pistle.

—Rev. Margaret Schwarzer

Faith & Practice

Join us **today, February 4**, at **11:30am for 45 minutes in Room 2** for a conversation on *Forgiving Ourselves*. Why is it so hard? What do we gain when we do it? In Faith & Practice classes, we invite members of our parish

to deepen our own practice of Christianity. We gather together to reflect on an aspect of our spiritual life, and we share our own questions and experiences. You are invited to join us as we grow in faith together.

—[Rev. Margaret Schwarzer](#)

Lenten Book

This year during Lent, we will be reading Pulitzer Prize winning author Jon Meacham’s book *The Hope of Glory: Reflections on the Last Words of Jesus from the Cross*. This short book, 100 pages long, offers beautiful questions and insights on Jesus’ final words to humankind. Each book is \$18. We will share reflections and insights in our **9am** Christian learning classes during Lent. Email me if you want to order the book and mail a check made out to “St, Andrew’s” with “Lenten Book” in the memo. I will email you when you can pick up your book at Wellesley Books. —[Rev. Margaret Schwarzer](#)

Soup’s On!

The Super Bowl is **Sunday, February 11!** So it’s time to kick off the St. Andrew’s Souper Bowl. Pick up a grocery bag in the narthex or the parish hall and load it with good food: soup. Our bounty will help to stock the shelves at the Wellesley Food Pantry.

Call for Warm Winter Coats

Circle of Hope is a Needham-based non-profit that partners with homeless shelters, healthcare clinics, and community programs in Boston/MetroWest. Every coat donated will go directly to migrant families staying in shelters and emergency housing facilities that Circle of Hope supports. They need coats of all sizes, small to XL, for children, teens, women, and men. Please only give gently used coats that you yourself would wear and if possible washed (dry cleaning is not necessary). There are two bins for coats, one in the office hallway and one in the parish hall.

Assisted Listening



We have recently installed *Listen Everywhere* for **worshippers who use hearing aids with Bluetooth capabilities**. Your hearing aids will need to be connected

with your smart device via Bluetooth before you start. It's easy to use. Download the "Listen Everywhere" app from your app store. Instructions for how you connect your app to the church system are at the usher's table.

Shrove Tuesday

Please join us **Tuesday, February 13, from 5:30pm to 7:30pm in the parish hall** to observe Shrove Tuesday with a traditional pancake supper. The fellowship committee is teaming up to serve a meal that will prepare you for the Lenten season. Suggested donation is \$5 per person and \$10 per

family. **At 6:30pm** everyone is invited to **process to the children's chapel** for an Ash Wednesday Service. — [Ginny Snow](#)

Ash Wednesday Services

We strongly encourage you to mark the beginning of the holy season of Lent with ashes. **Lent begins on Ash Wednesday, February 14.** We hope to see you at one of the Ash Wednesday services at church at **7am, noon, and 7pm**, the last of which will be with music. Margaret will also be doing "Ashes-to-Go" at the Wellesley Square train station starting at 7:15am.

— [Adrian Robbins-Cole](#)

Lenten Potluck & Program

Join us on **Wednesday nights** during Lent. At **6:30pm** we will enjoy a potluck; the church will provide the entrée and drinks; you bring a salad or a dessert. **From 7:10pm to 8pm**, we offer a program on the theme *Ancient Scripture/Modern Life*. Each talk will apply one of Scripture's formative teachings to modern life.

- **February 21** *Welcoming the Stranger* with Rabbi Rachel Sapphire, Temple Beth Elohim
- **February 28** *A Modern Take on Repentance* with Rev. Margaret Schwarzer
- **March 6** *Loving Our Neighbor* with Pam Alexander.
- **March 13** *Considering Miracles* with David Guydan
- **March 20** *Turning the Other Cheek* with Rev. Adrian Robbins-Cole

Vestry

Adult Formation Carrie Hawley

Clerk Tad Heuer

Communications Holly Anza

Fellowship Ginny Snow

Finance Justin Wahls

Human Resources Laurin Baldwin

Membership Amanda Curtis

Outreach Herb Manning

Property Sam Schaefer

Stewardship Madison Riley

Treasurer Joe Hamilton

Wardens Megan Burns

Tom Faust

Worship Erica Gelser

Youth Formation Pamela Grossetti

Staff

- In an emergency, please contact Adrian on his cell phone, 603/831-4938. Additional clergy cell phone numbers are: Margaret Schwarzer, 617/733-0661, and Sarah Robbins-Cole, 603/831-4711.
- The clergy are available to assist you if you email or call them if you or a member of your family expects to be in the hospital and wishes to be visited.
- Please let the clergy know of names that should be added to our prayer list.

Rector Rev. Adrian Robbins-Cole

adrian@standrewswellesley.org

Associate Rector for Adult Formation and Membership

Rev. Margaret Schwarzer

margaret@standrewswellesley.org

Associate Rector for Youth & Family

Rev. Sarah Robbins-Cole

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Music Minister Helen Ward Mannix

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Financial Administrator Joanne Butler

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Christian Learning Coordinator Susan Jackson

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Sexton Steve Killeen

steve@standrewswellesley.org

Assistant Sexton Bill Clover

Weekly Calendar

- The **Holy Eucharist** is celebrated on **Sundays at 8am, 10am** (*also online*) and **5pm**. **Morning Prayer** online is offered **Monday through Thursday at 8:30am** on our website, our YouTube Channel (*use the QR code for a link to our YouTube channel*), and on Facebook.
- **Senior Choir** rehearsal is on **Thursdays at 7:30pm**.
- **Parish office hours** are (generally) **Monday through Thursday, 9am to 4pm**, and **Friday, 9am to 12pm**, unless otherwise noted or announced. **Tuesday at noon is the deadline for all materials** to be included either in the bulletin or by email for the following Sunday.
- **12-Step Programs** Men's AA, Wednesdays at 8pm; Women's AA, Thursdays at 7pm; Emotions Anonymous, Saturdays at 9:30am; Sober Sisters AA, Saturdays at 10:30am.



Sunday, February 4

8:55am Kids' Place
9am Christian Learning
9am Coffee Hour for 8am Worshipers
9:45am Church School
11am Coffee Hour
11:30pm Faith & Practice

Wednesday, February 7

2pm Stitcher's Gathering
7:30pm Men's Book Club

Thursday, February 8

9:45am Church School Committee
12pm Beginner's Bible Study

Sunday, February 11

8:55am Kids' Place
9am Christian Learning
9:45am Church School
11am Coffee Hour



ST. ANDREW'S
EPISCOPAL CHURCH

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